

## RANGAN CHATTERJEE

Practicing NHS GP, Presenter & Author  
Agent: [Sophie Laurimore](#)



Dr.Chatterjee is regarded as one of the most influential medical doctors in the UK and wants to change how medicine will be practiced for years to come. His mission is to help 100 million people around the globe live better lives.

He hosts the most listened to health podcast in the UK and Europe, *Feel Better Live More* – which regularly tops the Apple Podcast charts. The podcast has received 50 million downloads to date and is consumed by over 2.5 million people every month.

He is known for his ability to simplify complex health advice and finding the root cause of people's health problems - he highlighted his methods in the ground-breaking BBC One television show, *Doctor in the House*, which has been shown in over 70 countries around the world.

Each of his first 4 books have been Sunday Times Bestsellers in the UK and international bestsellers across the globe. His 5th book *Happy Mind, Happy Life* is published on March 31st, 2022.

Dr.Chatterjee hosts his own weekly wellness show on [BBC Radio Two](#), the Amazon Original daily podcast *Built to Thrive* and regularly appears on BBC Television and has been featured in numerous international publications including The New York Times , Forbes, The Guardian and Vogue. His TED talk, How To Make Disease Disappear, has been viewed over 4.5 million times.

## CREDITS

### TV:

*Holding Back The Years* S2-S3, 2018, (BBC One)

*Great British Menu* S13, 2018, (BBC Two)

*BBC Breakfast (Regular)*, 2017, (BBC One)

*Further Back in Time for Dinner*, 2017, (BBC Two)

*Doctor In The House S2*, 2017, (BBC One)

*Doctor In The House S1*, 2016, (BBC One)

*BBC Breakfast (Regular)*, 2016, (BBC One)

*Food Truth or Scare*, 2016, (BBC One)

## **Audio:**

*Built to Thrive*, 2021

*BBC Radio 2 Show*, 2021

Podcast: *Feel Better Live More*, 2018-present

## **Books:**

*Feel Great Lose Weight: Long term, simple habits for lasting and sustainable weight loss*, Penguin Life, 2020

*Feel Better In 5: Your Daily Plan to Feel Great for Life*, Penguin, 2020

*The Stress Solution: The 4 Steps to Reset Your Body, Mind, Relationships and Purpose*, Penguin, 2019

*The Four Pillar Plan: How To Relax, Eat, Move and Sleep Your Way to a Longer, Healthier Life*, Penguin, 2018